



# October FFV Menu 2018

## South Pointe Elementary School



Monday	Tuesday	Wednesday	Thursday	Friday
1	2 Broccoli	3	4 Raspberries	5
8	9 No School	10 No School	11 No School	12
15	16 Parsnips	17	18 Watercress w/Lowfat Yogurt Dip	19
22	23 Mandarin	24	25 Cabbage w/Lowfat Yogurt Dip	26
29	30 Cranberries	31		


Drinking Water is made available to youth at all times at drinking fountains located in this facility  
 \*Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.  
 \*\*Fresh Salad & Veggie Bar serves FF Ranch Dressing  
 \*\*\*All meals are served with 1% White Milk or Skim Chocolate Milk



# October Lunch Menu 2018

## South Pointe Elementary School



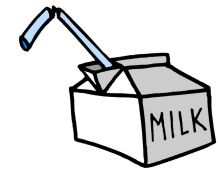
Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Strips Sweet Corn Applesauce Ketchup Choice of Milk	2 Beef Hot Dog w/ Bun Seasoned Green Beans 100% Fruit Juice Ketchup & Mustard Choice of Milk	3 Chicken Alfredo w/Pasta Baby Carrots Fresh Watermelon Choice of Milk	4 Chicken & Cheese Burrito Refried Beans Fresh Banana Salsa Choice of Milk	5 Half Day Pepperoni Pizza Mixed Dark Green Salad w/Cucumbers Fresh Orange Wedges FF Ranch Choice of Milk
8 Fall Break No School	9 Fall Break No School	10 Fall Break No School	11 Fall Break No School	12 Fall Break No School
15 Half Day Chicken Corn Dog Three Bean Chili Diced Pears Ketchup & Mustard Choice of Milk	6 Maple French Toast Sticks Baby Carrots Fresh Orange Wedges Choice of Milk	17 Cheese Nachos Tortilla Chips Fresh Celery Sticks Fresh Watermelon Choice of Milk	18 Meatball Sub w/Bun Seasoned Green Beans Fresh Banana Choice of Milk	19 Half Day Cheese Pizza Mixed Dark Green Salad w/Cucumbers Pineapple Chunks FF Ranch Choice of Milk
22 Roasted Chicken & Gravy Mashed Potatoes Diced Peaches Dinner Roll Choice of Milk	23 Macaroni & Cheese Baby Carrots Fresh Cantaloupe Wedge Choice of Milk	24 Pepperoni Pizza Sticks Fresh Sliced Cucumbers 100% Fruit Juice Marinara Sauce Choice of Milk	25 Cheeseburger w/Bun Ranch Beans Fresh Watermelon Ketchup & Mustard Choice of Milk	26 Half Day Pepperoni Pizza Mixed Dark Green Salad w/Cucumbers Fresh Apple Wedges FF Ranch Choice of Milk
29 Kickin' Chicken Drumstick Sweet Corn Applesauce Dinner Roll Choice of Milk	30 Chicken & Rice Taco Tuesday Lettuce/Cheese/Celery Sticks Fresh Banana Salsa Choice of Milk	31 Sloppy Joe w/Bun Baby Carrots Fresh Orange Wedges Choice of Milk		

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 This Institution is an equal opportunity provider



# October Breakfast Menu 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
1 Cini Mini Diced Pear Cup 100% Fruit Juice  Choice of Milk	2 Lowfat Yogurt Trix Cereal Bar Whole Apple 100% Fruit Juice Choice of Milk	3 Lucky Charms Cereal Mozzarella String Cheese Whole Orange 100% Fruit Juice Choice of Milk	4 Banana Muffin Cinnamon Toast Crunch Cereal Applesauce Cup 100% Fruit Juice Choice of Milk	5 Half Day  Mini Pancake Fresh Banana 100% Fruit Juice  Choice of Milk
8  Fall Break No School	9  Fall Break No School	10  Fall Break No School	11  Fall Break No School	12  Fall Break No School
15 Half Day  Cini Mini Fruit Cocktail Cup 100% Fruit Juice  Choice of Milk	16 Lowfat Yogurt Strawberry Team Cheerios Cereal Bar Whole Apple 100% Fruit Juice Choice of Milk	17 Cinnamon Toast Crunch Cereal Mozzarella String Cheese Whole Orange 100% Fruit Juice Choice of Milk	18 Applesauce Muffin Lucky Charms Cereal Applesauce Cup 100% Fruit Juice Choice of Milk	19 Half Day  Breakfast Burrito Fresh Banana 100% Fruit Juice Taco Sauce Choice of Milk
22 Cocoa Puffs Cereal Cinnamon Toast Crunch Cereal Bar Fruit Cocktail Cup 100% Fruit Juice Choice of Milk	23 Mini Strawberry Bagel w/Cream Cheese Whole Apple 100% Fruit Juice  Choice of Milk	24 Fruity Cheerios Cereal Cheez Its Whole Orange 100% Fruit Juice Choice of Milk	25 Cinnaburst Bun Applesauce Cup 100% Fruit Juice  Choice of Milk	26 Half Day  Egg & Cheese Pocket Fresh Banana 100% Fruit Juice Taco Sauce Choice of Milk
29 Cini Mini Diced Pear Cup 100% Fruit Juice  Choice of Milk	30 Lowfat Yogurt Trix Cereal Bar Whole Apple 100% Fruit Juice Choice of Milk	31 Lucky Charms Cereal Mozzarella String Cheese Whole Orange 100% Fruit Juice Choice of Milk		

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