



November FFV Menu 2018

South Pointe Elementary School



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Radish w/ FF Yogurt Dip	2
5	Dates 6	7	Pommelo 8	9
12 Holiday No School	13	14	Squash 15	16
19	Coleslaw 20	21	Holiday No School 22	Holiday No School 23
26	Yukon Gold Potato 27	28	Grapefruit 29	30

Drinking Water is made available to youth at all times at drinking fountains located in this facility
 *Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.
 **Fresh Salad & Veggie Bar serves FF Ranch Dressing
 ***All meals are served with 1% White Milk or Skim Chocolate Milk
 This Institution is an equal opportunity provider



November Breakfast Menu 2018

South Pointe Elementary School



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Banana Muffin Cinnamon Toast Crunch Cereal Applesauce Cup 100% Fruit Juice Choice of Milk	2 Half Day Mini Pancake Fresh Banana 100% Fruit Juice Choice of Milk
5 Multigrain Frosted Flakes Cereal Apple Nutrigrain Bar Diced Peaches Cup 100% Fruit Juice Choice of Milk	6 Mini Strawberry Bagel w/Cream Chees Fresh Apple 100% Fruit Juice Choice of Milk	7 Trix Cereal Elf Graham Crackers Fresh Orange 100% Fruit Juice Choice of Milk	8 Cinnaburst Bun Applesauce Cup 100% Fruit Juice Choice of Milk	9 Half Day Sausage & Cheese Muffin Fresh Banana 100% Fruit Juice Choice of Milk
12 Holiday No School	13 Lowfat Yogurt Strawberry Team Cheerios Cereal Bar Fresh Apple 100% Fruit Juice Choice of Milk	14 Cinnamon Toast Crunch Cereal Mozzarella String Cheese Fresh Orange 100% Fruit Juice Choice of Milk	15 Chocolate Chip Muffin Lucky Charms Cereal Applesauce Cup 100% Fruit Juice Choice of Milk	16 Half Day Sausage, Egg & Cheese Pocket Fresh Banana 100% Fruit Juice Taco Sauce Choice of Milk
19 Cocoa Puffs Cereal Cinnamon Toast Crunch Cereal Bar Fruit Cocktail Cup 100% Fruit Juice Choice of Milk	20 Mini Strawberry Bagel w/Cream Chees Fresh Apple 100% Fruit Juice Choice of Milk	21 Half Day Fruity Cheerios Cereal Cheez Its Fresh Orange 100% Fruit Juice Choice of Milk	22 Holiday No School	23 Holiday No School
26 Cini Mini Diced Pear Cup 100% Fruit Juice Choice of Milk	27 Lowfat Yogurt Trix Cereal Bar Fresh Apple 100% Fruit Juice Choice of Milk	28 Lucky Charms Cereal Mozzarella String Cheese Fresh Orange 100% Fruit Juice Choice of Milk	29 Cinnaburst Bun Applesauce Cup 100% Fruit Juice Choice of Milk	30 Half Day Breakfast Burrito Fresh Banana 100% Fruit Juice Taco Sauce Choice of Milk


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November Lunch Menu 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken & Cheese Burrito Refried Beans Fresh Banana Salsa Choice of Milk	2 Half Day Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Fresh Orange Wedges FF Ranch Choice of Milk
5 Popcorn Chicken w/Dinner Roll Mashed Potatoes Fruit Cocktail Ketchup Choice of Milk	6 Spaghetti w/Meat Sauce Fresh Sliced Cucumbers Fresh Cantaloupe Wedge Choice of Milk	7 Teriyaki Chicken w/Rice Fresh Baby Carrots Pineapple Chunks Fortune Cookie Choice of Milk	8 BBQ Chicken Sandwich w/Bun BBQ Baked Beans 100% Fruit Juice Choice of Milk	9 Half Day Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Fresh Apple Wedges FF Ranch Choice of Milk
12 Holiday No School	13 Maple French Toast Sticks Fresh Baby Carrots Fresh Orange Wedges Choice of Milk	14 Cheese Nachos Tortilla Chips Fresh Celery Sticks Fresh Apple Wedges Choice of Milk	15 Chicken Sandwich w/Bun Sweet Corn Fresh Banana Ketchup Choice of Milk	16 Half Day Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Pineapple Chunks FF Ranch Choice of Milk
19 Roasted Turkey & Gravy Mashed Potatoes Diced Peaches Dinner Roll Choice of Milk	20 Chicken Strips Seasoned Green Beans Fresh Cantaloupe Ketchup Choice of Milk	21 Half Day Cheeseburger w/Bun Fresh Baby Carrots Fruit Cocktail Ketchup & Mustard Choice of Milk	22 Holiday No School	23 Holiday No School
26 Kickin Chicken Drumstick Sweet Corn Applesauce Dinner Roll Choice of Milk	27 Chicken & Rice Taco Tuesday Lettuce/Cheese/Celery Sticks Fresh Banana Taco Sauce Choice of Milk	28 Pepperoni Pizza Sticks 3 Bean Salad 100% Fruit Juice Marinara Sauce Choice of Milk	29 Homemade Macaroni & Cheese Fresh Baby Carrots Fresh Pear Choice of Milk	30 Half Day Pepperoni or Cheese Pizza Mixed Dark Green Salad w/Cucumbers Fresh Apple Wedges Choice of Milk

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